

Il Girasole – Takeaway Menu – 01480 211211

<u>Antipasti</u>	<u>Primi Piatti</u> - starters	<u>Insalata</u> - salads
<p>Misto di Olive 3.85 Mixed olives in our own seasoned extra virgin olive oil and herbs</p> <p>Cesto di Pane 4.65 Selection of homemade grissini, sea salt focaccia, crackers and ciabatta, served with a black olive and sun-dried tomato tapenade, extra virgin olive oil and balsamic vinegar</p> <p>Dough Balls 3.65 Homemade dough balls served with garlic butter</p> <p>Garlic Bread 4.55 Pizza bread baked and brushed with garlic oil and rosemary</p> <p>Garlic Bread with Cheese 4.95 As above, topped with mozzarella</p> <p style="text-align: center;"><u>Piatti da Dividere</u> - starters to share</p> <p>Fritto Misto 16.50 Selection of seafood, deep fried and served with homemade roast garlic and balsamic mayonnaise and a wedge of lemon</p> <p>Afetatto Misto 16.50 Selection of Italian cured meats, ham and salami, buffalo mozzarella, goat's cheese, with a selection of pickles and olives, served with homemade bread</p> <p>Antipasti Vegetariano 14.75 Chargrilled sliced vegetables, marinated in a garlic and herb infused oil and topped with balsamic glaze, served with mozzarella, tomato and ricotta crostini, with a selection of pickles and olives. Served with homemade bread</p> <p>Cozze al Vapore 13.75 Mussels, cooked in white wine, garlic and herbs, served with homemade bread</p>	<p>Calamari Fritti 6.45 Deep fried squid served with a roast garlic and balsamic mayonnaise</p> <p>Gnocchi Gorgonzola 6.45 Pan fried homemade gnocchi dumplings with gorgonzola sauce, topped with grated parmesan. Served with toasted homemade bread</p> <p>Bruschette <i>one.....3.95</i> Choose one or a selection <i>two.....7.25</i> Slice of toasted homemade bread topped with... <i>three....10.25</i> <i>Mozzarella & pesto</i> <i>Tomato & basil</i> <i>Garlic mushrooms & ricotta</i></p> <p>Funghi Stufati 6.75 Portobello mushrooms stuffed with ground pork, fennel, chilli, paprika and garlic. Topped with grated mozzarella and breadcrumbs. On a bed of crispy kale, drizzled with honey</p> <p>Gamberoni alla Griglia 7.95 Grilled tiger prawns, marinated in chilli & garlic, served with mixed leaves and a lemon wedge</p> <p>Parmigiana di Melanzane 5.95 Layers of aubergine with basil & mozzarella, baked in tomato sauce, topped with Parmesan</p> <p>Mozzarella Fritti 6.45 Deep fried slices of mozzarella. Served with sun-dried tomato dip</p> <p>Arancini di Granchio 6.95 Deep fried balls of arborio rice and crab meat. Served on a bed of rocket with lemon, paprika and garlic mayonnaise</p> <p>Insalata Caprese 5.75 Slices of buffalo mozzarella and fresh tomatoes with basil, pesto and extra virgin olive oil</p> <p>Cozze al Vapore 6.95 Mussels, cooked in white wine, garlic and herbs, served with homemade bread</p>	<p>Caprino e Arancia 9.95 Goats cheese, mixed salad leaves, orange segments and beetroot in a honey and wholegrain mustard dressing</p> <p>Merenda 9.95 Crispy pancetta, mixed cherry tomatoes, shallots, spring onions, broad beans, peas and basil in a honey and wholegrain mustard dressing.</p> <p>Gorgonzola e Patate 10.95 Gorgonzola, new potatoes, walnuts, celery, cherry tomatoes and cucumber with mixed salad leaves and a creamy dressing</p> <p>Verdura 9.95 Grilled Mediterranean vegetables – peppers, courgettes, aubergine and mushrooms, served on a bed of mixed leaves, sliced plum tomatoes and cucumber. Dressed with an extra virgin and balsamic dressing</p> <p>Add....</p> <p>Shelled prawns 6.25</p> <p>Grilled chicken breast strips 4.95</p> <p>Grilled sirloin steak strips 7.25</p> <p>Grilled salmon fillet 7.25</p> <p style="text-align: center;"><u>Insalata di Contorno</u> - side salads</p> <p>Rucola e Parmigiano 3.75 Rocket leaves and Parmesan with a wedge of lemon</p> <p>Insalata Mista 3.95 Mixed leaves, cherry tomatoes, cucumber, shallots and olives</p> <p>Insalata Caprese 5.75 Slices of buffalo mozzarella and fresh tomatoes with basil, pesto and extra virgin olive oil</p>

<u>Pasta</u>	<u>Al Forno</u>	<u>Pizza</u>
Linguine Marinara 13.95 Linguine with mussels, calamari, prawns and clams, cooked with chillies, garlic, white wine and cherry tomatoes	Lasagne 10.95 Sheets of baked pasta layered with home-made Bolognese sauce, mozzarella cheese, sprinkled with grated parmesan cheese	Margherita 9.25 Tomato sauce, mozzarella and basil
Spaghetti Bolognese 10.45 Spaghetti with homemade beef ragu	Parmigiana di Melanzane 10.50 Layers of aubergine with basil & mozzarella, baked in tomato sauce, topped with Parmesan	Girasole 11.75 Crema fraiche, mozzarella, pancetta, cherry tomatoes, olives and rocket
Spaghetti con Polpette 12.75 Spaghetti with spicy beef & pork meatballs in tomato sauce	Gnocchi alla Sorrentino 10.50 Homemade gnocchi dumplings, baked with tomato sauce, mozzarella and basil. Served with toasted homemade bread and a salad garnish.	Selvaggio 11.75 Tomato sauce, mozzarella, pancetta and wild mushrooms
Spaghetti Carbonara 11.45 Spaghetti with pancetta, parmesan, egg and fresh cream	Gnocchi Due Formaggi 12.95 Homemade gnocchi dumplings, baked with mascarpone and wild mushrooms in white wine and topped with mozzarella. Served with homemade bread.	Speziato 12.45 Tomato sauce, mozzarella, pepperoni, chicken, pancetta and chillies
Penne Arrabiata 9.45 Penne with chillies, red onions and olives in a spicy tomato sauce <i>As above with chicken breast pieces</i> 11.95	<u>Risotto</u>	Tropicale 11.25 Tomato sauce, mozzarella, ham and pineapple
Tagliatelle Gorgonzola 13.95 Tagliatelle with chicken, mushrooms and gorgonzola cheese cooked in a creamy garlic sauce	Risotto al Frutti di Mare 14.45 Arborio rice infused in saffron with prawns, calamari, mussels and clams and cooked in white wine and vegetable stock	Terroso 11.95 Tomato sauce, mozzarella, spinach, olives, cherry tomatoes, mushrooms and pesto
Penne Salmone 14.45 Penne with salmon flakes, courgettes and spinach, cooked in a tomato and mascarpone sauce	Risotto Salmone e Funghi 14.45 Arborio rice, flaked salmon fillet and wild mushrooms, cooked in a tomato and white wine sauce	Formaggi 12.25 Tomato sauce, mozzarella, goat's cheese, gorgonzola and buffalo mozzarella
Linguine con Aragosta e Gamberetti 19.95 Linguine with shelled prawns and lobster meat in a garlic, anchovy, chilli and cherry tomato sauce	<u>Contorni - sides</u>	Marinara 14.45 Tomato sauce, mozzarella, prawns, calamari, tuna, anchovies and cherry tomatoes
Tagliatelle Filetto 19.95 Tagliatelle with sliced fillet steak, red peppers, spring onions, garlic and spinach in a cream and red wine sauce	Zucchine Fritte Fried courgettes 3.75	Parma 11.50 Tomato sauce, mozzarella, rocket and Parma ham
<i>Gluten Free – all the above pasta dishes can be cooked with gluten free penne pasta</i>	Cavolo Croccante Crispy kale 3.75	Pechino 14.95 Tomato sauce, mozzarella, duck breast, hoisin sauce and spring onions
	Verdure Grigliate Grilled Mediterranean vegetables with a balsamic glaze 4.25	Piccante 12.45 Tomato sauce, mozzarella, spicy beef, pepperoni, red onion and jalapenos
	Rucola e Parmigiano Rocket leaves and Parmesan with a wedge of lemon 3.75	<u>Calzone</u>
	Patatine Fritte Homemade hand-cut chips 3.75	Ortolano 13.45 Tomato, mozzarella, aubergine, courgettes, peppers, spinach, artichokes and mushrooms. Topped with tomato sauce, rocket and grated parmesan
	Insalata Mista Mixed leaves, cherry tomatoes, cucumber, shallots and olives 3.95	Carne 14.45 Tomato sauce, mozzarella, pepperoni, spicy beef, ham and chicken. Topped with tomato sauce, rocket and grated parmesan
	Funghi Portobello Grilled Portobello mushrooms 3.95	<i>All additional pizza / calzone toppings</i> 1.50