

## **Breakfast**

<b>Uova</b>	<i>Homemade GF bread available for all dishes</i>	
<i>Benedict Pesto</i>	<i>Poached free-range egg, fresh tomato, basil, prosciutto crudo, pesto hollandaise on toasted homemade bread</i>	<i>6.75</i>
<i>Tuscan Poached Eggs</i>	<i>Two free-range eggs, served on prosciutto cotto and toasted homemade bread. Sprinkled with finely chopped fresh tomato, shallots &amp; basil</i>	<i>7.45</i>
<i>Salsiccia Tuscan</i>	<i>Baked fresh Tuscan sausage, cooked with goat's cheese in a tomato garlic sauce. Topped with parmesan and a fried free-range egg. With toasted homemade bread</i>	<i>8.25</i>
<i>Portobello (v)</i>	<i>Poached egg served in a grilled Portobello mushroom, on a bed of diced fresh tomatoes and kale. Served on toasted homemade bread</i>	<i>5.75</i>

<b>Frittata</b>	<i>Egg based Italian dish, all made with three free-range eggs. Served with a fresh tomato garnish</i>	
<i>Fresca (v)</i>	<i>Mushrooms, tomato, spinach &amp; shallots</i>	<i>6.25</i>
<i>Scrofa</i>	<i>Pancetta, mushroom, tomatoes, shallots &amp; parmesan</i>	<i>6.25</i>
<i>Pepperoncino (v)</i>	<i>Red peppers, spinach, onion and mozzarella</i>	<i>6.25</i>

<b>Ciabatta Sandwich</b>	<i>All made with our homemade Ciabatta rolls (GF Ciabatta option)</i>	
<i>Ciao</i>	<i>Soft goat's cheese, crispy prosciutto crudo, fresh basil and tomato, fried egg</i>	<i>6.75</i>
<i>Provolone</i>	<i>Provolone cheese, spinach, prosciutto cotta, fried egg, Dijon mustard</i>	<i>6.75</i>
<i>Caprese</i>	<i>Buffalo mozzarella, basil, fresh tomato, prosciutto crudo</i>	<i>6.25</i>
<i>Gustosa (v)</i>	<i>Ricotta cheese, mushroom, spinach and red pepper</i>	<i>5.75</i>

<b>Selezione</b>	<b><i>one selection £1.50 / two selections £2.80 / three selections £4.00</i></b>	
<i>Fresh mixed berries</i>	<i>Strawberries, raspberries and blueberries</i>	
<i>Granola</i>	<i>Low sugar, almond and hazelnut granola</i>	
<i>Greek Yogurt</i>	<i>No fat Greek style yogurt</i>	

<b>Cakes and Pastries</b>	<i>See our counter display of homemade cakes and freshly baked pastries</i>	
<i>Cake</i>	<i>per slice</i>	<i>2.25</i>
<i>Pastries</i>	<i>Croissants</i>	<i>1.75</i>
	<i>Savoury</i>	<i>2.25</i>
	<i>Sweet</i>	<i>1.75</i>

## **Breakfast Drinks**

<b>Caffe Freddo</b>	<i>Chilled coffees made with freshly ground Illy coffee</i>	
<i>Caffe Shakerato</i>	<i>Two espresso shots, sugar syrup, shaken over ice and strained</i>	<i>2.15</i>
<i>Caffe Cremosa</i>	<i>Espresso shot, shaken over ice and poured through whipped double cream laced with coffee. Served with a savoiardi finger</i>	<i>2.75</i>

<b>Caffe</b>	<i>Our espresso coffee based drinks are made with freshly ground Illy coffee (Decaf available) and served with a homemade amaretti biscuit. Available with skimmed and semi-skimmed milk or soya milk</i>	
<i>Espresso</i>	<i>Single shot of espresso coffee</i>	<i>1.65</i>
<i>Double Espresso</i>	<i>Two espresso shots</i>	<i>1.95</i>
<i>Caffe Americano</i>	<i>Two espresso shots, topped up with hot water</i>	<i>2.45</i>
<i>Cappuccino</i>	<i>Two espresso shots, hot steamed milk, sprinkled with chocolate powder</i>	<i>2.65</i>
<i>Caffe Latte</i>	<i>Two espresso shots, hot steamed milk</i>	<i>2.65</i>
<i>Caffe Mocha</i>	<i>Espresso shot, steamed chocolate milk, sprinkled with chocolate powder</i>	<i>2.85</i>
<i>Caffe Macchiato</i>	<i>Espresso shot, little steamed milk</i>	<i>1.85</i>
<i>Double Macchiato</i>	<i>Two espresso shots, little steamed milk</i>	<i>2.15</i>
<i>Extra Espresso Shot</i>		<i>0.50</i>

<b>Teas</b>	<i>Breakfast, Green, Earl Grey, Mint, Camomile</i>	<i>1.95</i>
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<b>Hot Chocolate</b>	<i>Steamed chocolate milk, sprinkled with chocolate powder</i>	<i>2.65</i>
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<b>Cold Drinks</b>		
<i>Orange Juice</i>	<i>Frobishers 250ml</i>	<i>2.75</i>
<i>Apple Juice</i>	<i>Frobishers 250ml</i>	<i>2.75</i>
<i>Sparkling Water</i>	<i>San Pellegrino 500ml / 750ml</i>	<i>2.45 / 3.55</i>
<i>Still Water</i>	<i>Aqua Panna 500ml / 750ml</i>	<i>2.45 / 3.55</i>
<i>Aranciata</i>	<i>San Pellegrino sparkling orange</i>	<i>2.75</i>
<i>Limonata</i>	<i>San Pellegrino sparking lemon</i>	<i>2.75</i>

<b>Smoothies</b>	<i>300ml – all made to order with fresh ingredients</i>	
<i>Incremento</i>	<i>Almond milk, banana, blueberries, strawberries, Greek yogurt (no fat), fine oats</i>	<i>4.50</i>
<i>Frutta</i>	<i>Banana, strawberries, blueberries, orange juice, mango, Greek yogurt (no fat)</i>	<i>3.50</i>
<i>Pompa</i>	<i>Raspberries, banana, almond milk, vanilla protein powder</i>	<i>4.50</i>
<i>Salute</i>	<i>Almond milk, spinach, kale, mango</i>	<i>3.50</i>